



35 King St. East, Suite 7, Hamilton, Ontario L8N 4A9
email@abea.on.ca

Phone (905) 527-2222

Fax (905) 527-2166
www.abea.on.ca

Event Listings for Lifelong Learning Week 2011

Use the bookmarks listed by category and date to find events.

Events listed by date for

- Children/Youth
- All Adults
- Seniors Only
- Family/All Ages

Events also listed for

- Closed Events - employers offering events to their employees
- Niagara Region

All Week – September 18th – 24th, 2011

The Boys and Girls Clubs of Hamilton - Ontario Early Years Centres are hosting many events during Lifelong Learning Week such as Mentoring with Babies, Family Swim, Native Family Gathering Time, Exploring Art in the Early Years and many more. For complete program listings and information please pick-up a calendar at one of these locations

Main Site- 45 Ellis Ave 905-549-2814 x 230

Hillcrest Neighbourhood Site- 40 Eastwood Ave. (Hillcrest school) 905-545-5995

Bagshaw Neighbourhood Site- 350 Quigley Rd. (Bagshaw school) 905-308-2954

Sanford Neighbourhood Site- 735 King St. E 905-525-5855

Congress Neighbourhood Site- 20 Congress Cres. 905-578-2531

Please call ahead as hours vary at each Centre

The Hamilton Ontario Early Years Centres offer free learning programs for children age 0-6. There are various programs running in all five sites during Lifelong Learning Week. For more details and to find an Ontario Early Years Centre near you please call **905-524-4884**.

Ontario Early Years Centres - Making Hamilton the Best Place to Raise a Child

Events for Children/Youth

Sunday, September 18th, 2011				
Event Title	Host	Location	Time	Contact
Board Game Day	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	1:00pm - 3:00pm	905-546-4790
You will learn to try puzzles and play board games with your friends.				
Teen Movie	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	2:00pm	905-546-4790
You will learn about teen relationships through the teen movie Prom. (Rated PG).				

Events for Children/Youth

Monday, September 19th, 2011				
Event Title	Host	Location	Time	Contact
Story Time for Babies	Hamilton Public Library	Saltfleet Branch 131 Gray Rd. Stoney Creek	9:30am	905-662-8611
You will learn about music, movement, board books, rhymes and songs. For newborns to 23 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Waterdown Branch 25 Mill St. N Waterdown	10:15am	905-689-6269
You will learn about music, movement, board books, rhymes and songs. For newborns to 12 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Saltfleet Branch 131 Gray Rd. Stoney Creek	10:30am	905-662-8611
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Terryberry Branch 100 Mohawk Rd. W	10:30am	905-546-3921
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				
Story Time for Babies	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	10:40am	905-546-4790
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Waterdown Branch 25 Mill St. N Waterdown	11:15am	905-689-6269
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Freelton Branch 1802 Brock Rd. Freelton	1:30pm	905-659-7639
<p>You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 0-5.</p>				
Family Story Time	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	1:30pm	905-546-4790
<p>You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.</p>				

Events for Children/Youth

Tuesday, September 20th, 2011				
Event Title	Host	Location	Time	Contact
Story Time for Toddlers	Hamilton Public Library	Valley Park Branch 970 Paramount Dr. Stoney Creek	9:30am	905-573-3141
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				
Family Story Time	Hamilton Public Library	Saltfleet Branch 131 Gray Rd. Stoney Creek	9:30am	905-662-8611
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				
Story Time for Babies	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	9:45am	905-627-3507
You will learn about music, movement, board books, rhymes and songs. For newborns to 12 months old, accompanied by an adult. Approximately 30 minutes.				

Events for Children/Youth

Story Time for Toddlers	Hamilton Public Library	Central Branch 55 York Blvd.	10:15am	905-546-3416
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				
Story Time for Babies	Hamilton Public Library	Stoney Creek Branch 777 Highway 8 Stoney Creek	10:15am	905-643-2921
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Barton Branch 571 Barton St. E	10:30am	905-546-3450
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				

Events for Children/Youth

Story Time for Toddlers	Hamilton Public Library	Binbrook Branch 2641 Highway 56 Binbrook	10:30am	905-692-3323
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				
Family Story Time	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	10:30am	905-627-3507
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				
Family Story Time	Hamilton Public Library	Lynden Branch 79 Lynden Rd. Lynden	10:30am	519-647-2571
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Saltfleet Branch 131 Gray Rd. Stoney Creek	10:30am	905-662-8611
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				
Family Story Time	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	10:30am	905-546-3249
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. Children ages 2-5.				
Story Time for Toddlers	Hamilton Public Library	Valley Park Branch 970 Paramount Dr. Stoney Creek	10:30am	905-573-3141
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Greenville Branch 59 Kirby Ave. Greenville	11:00am	905-627-4951
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				
Story Time for Babies	Hamilton Public Library	Locke Branch 285 Locke St. S	1:15pm	905-546-3492
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Central Branch 55 York Blvd.	2:00pm	905-546-3416
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				

Events for Children/Youth

Jungle Jeopardy!	Hamilton Public Library	Red Hill Branch Hamilton Public Library 695 Queenston Rd.	4:30pm - 5:30pm	To register call 905-546-2069
You will learn to test your jungle knowledge! For ages 7 - 12 years. Registration begins September 13th in person or by phone. Maximum Registration: 20				
Kids Can Cook Too!	Fortinos (Mall Road)	Community Room 65 Mall Rd.	6:00pm - 7:30pm	To register call Melissa or Shelley 905-574-8759
You will learn to make a recipe from scratch and take home samples for the family. Maximum Registration: 15				
Family Story Time	Hamilton Public Library	Terryberry Branch 100 Mohawk Rd. W	6:30pm	905-546-3921
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				

Events for Children/Youth

Wednesday, September 21st, 2011				
Event Title	Host	Location	Time	Contact
Story Time for Babies	Hamilton Public Library	Binbrook Branch 2641 Highway 56 Binbrook	9:30am	905-692-3323
	You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.			
Exploring Art in the Early Years	Boys and Girls Clubs of Hamilton-Ontario Early Years Centres	45 Ellis Ave.	9:30am - 11:30am	To register call Jenny Halyk 905-545-5995
	You will learn with our Art Educator Sandy, who will explore with families different medias of art. Spaces are limited, you must pre-register.			

Events for Children/Youth

Story Time for Babies	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	9:30am	905-546-2069
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Terry Berry Branch 100 Mohawk Rd. W	9:30am	905-546-3921
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Toddlers	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	9:45am	905-627-3507
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				

Events for Children/Youth

Story Time for Toddlers	Hamilton Public Library	Ancaster Branch 300 Wilson St. E Ancaster	10:15am	905-648-6911
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				
Family Story Time	Hamilton Public Library	Concession Branch 565 Concession St.	10:15am	905-546-3415
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 0-5 years.				
Family Story Time	Hamilton Public Library	Locke Branch 285 Locke St. S	10:15am	905-546-3492
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 0-6 years.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Westdale Branch 955 King St. W	10:15am	905-546-3456
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 0-5 years.				
Family Story Time	Hamilton Public Library	Binbrook Branch 2641 Highway 56 Binbrook	10:30am	905-692-3323
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 2-5 years.				
Family Story Time	Hamilton Public Library	Carlisle Branch 1496 Centre Rd. Carlisle	10:30am	905-689-8769
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 2-5 years.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	10:30am	905-627-3507
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 – 45 minutes in length. 2-5 years.				
Story Time for Toddlers	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	10:30am	905-546-2069
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-3 year olds.				
Family Story Time	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	10:30am	905-546-3249
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 – 45 minutes in length. 2-5 years.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Terryberry Branch 100 Mohawk Rd. W	10:30am	905-546-3921
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				
Story Time for Babies	Hamilton Public Library	Westdale Branch 955 King St. W	11:15am	905-546-3456
You will learn about music, movement, board books, rhymes and songs. For newborns to 11 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Locke Branch 285 Locke St. S	1:15pm	905-546-3492
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				

Events for Children/Youth

Story Time for Babies	Hamilton Public Library	Westdale Branch 955 King St. W	1:15pm	905-546-3456
You will learn about music, movement, board books, rhymes and songs. For 12 to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Westdale Branch 955 King St. W	2:15pm	905-546-3456
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 0-5 years.				
Story Time for Toddlers	Hamilton Public Library	Ancaster Branch 300 Wilson St. E Ancaster	2:30pm	905-648-6911
You will learn about short books, the alphabet, counting, songs, rhymes and puppets. Approximately 30 minutes in length. Must be accompanied by an adult. 2-5 year olds.				

Events for Children/Youth

Mentoring with Babies	Boys and Girls Clubs of Hamilton-Ontario Early Years Centres	45 Ellis Ave.	6:00pm - 7:30pm	To register call Jennifer Hudgins 905-549-2814 x 230
	You will learn to play and interact with your babies. (For Dads, Uncles, Grandpas, and Friends.) Food and drinks provided. Spaces are limited, you must pre-register.			

Events for Children/Youth

Thursday, September 22nd, 2011				
Event Title	Host	Location	Time	Contact
Story Time for Babies	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	9:30am	905-546-3249
You will learn about music, movement, board books, rhymes and songs. For newborns to 12 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Valley Park Branch 970 Paramount Dr. Stoney Creek	9:30am	905-573-3141
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	9:45am	905-627-3507
You will learn about music, movement, board books, rhymes and songs. For 13 to 23 months old, accompanied by an adult. Approximately 30 minutes.				

Events for Children/Youth

Story Time for Babies	Hamilton Public Library	Stoney Creek Branch 777 Highway 8 Stoney Creek	10:15am	905-643-2912
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Waterdown Branch 25 Mill St. N Waterdown	10:15am	905-689-6269
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Ancaster Branch 300 Wilson St. E Ancaster	10:15am	905-648-6911
You will learn about music, movement, board books, rhymes and songs. For newborns to 11 months old, accompanied by an adult. Approximately 30 minutes.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Binbrook Branch 2641 Highway 56 Binbrook	10:30am	905-692-3323
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 – 45 minutes in length. 2-5 years.				
Family Story Time	Hamilton Public Library	Central Branch 55 York Blvd.	10:30am	905-546-3416
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 – 45 minutes in length. 2-5 years.				
Story Time for Pre-Schoolers	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	10:30am	905-627-3507
You will learn to enjoy books and language through picture books, action songs, creative movement and rhymes. Approximately 30-45 in length. 3-5 years.				

Events for Children/Youth

Story Time for Babies	Hamilton Public Library	Valley Park Branch 970 Paramount Dr. Stoney Creek	10:30am	905-573-3141
You will learn about music, movement, board books, rhymes and songs. For newborns to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Story Time for Babies	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	10:30am	905-546-3249
You will learn about music, movement, board books, rhymes and songs. For 13 to 24 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Terryberry Branch 100 Mohawk Rd.	10:30am	905-546-3921
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				

Events for Children/Youth

Family Story Time	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	10:40am	905-546-4790
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. All ages.				
Story Time for Babies	Hamilton Public Library	Ancaster Branch 300 Wilson St. E Ancaster	11:00am	905-648-6911
You will learn about music, movement, board books, rhymes and songs. For 12 to 23 months old, accompanied by an adult. Approximately 30 minutes.				
Family Story Time	Hamilton Public Library	Waterdown Branch 25 Mill St. N Waterdown	11:15am	905-689-6269
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 2-5 years.				

Events for Children/Youth

Back to School Professional Lunch "Keep Going! Don't Stop"	Living Rock Ministries	30 Wilson St.	12:00pm - 1:30pm	To register call Veronica 905-528-7625
	You will learn about the barriers for youth in education, educational strategies at the Living Rock, and the impact of ABEA and Zonta. Maximum Registration: 36			
This area is intentionally left blank with a grey background				

Events for Children/Youth

Friday, September 23rd, 2011				
Event Title	Host	Location	Time	Contact
Ancaster Fair	Ancaster Agricultural Society	Ancaster Fairgrounds 630 Trinity Rd. Jerseyville	9:00am	Kathy Smith 905-648-6198
You will learn about food production, farming in the area and environmental initiatives that farmers pursue to make safe food. For all ages.				
Spin, Pop, Boom!	Mad Science	Ancaster Fair 630 Trinity Rd. Jerseyville	10:00am - 10:45am	Lori Minnie 519-621-0600 x23
You will learn about reactions in action with this fun science show!				
Family Swim	Boys and Girls Clubs of Hamilton- Ontario Early Years Centers	45 Ellis Ave.	10:00am - 11:00am	Janice Kranyak 905-549-2814 x 221
You will learn to enjoy some time in the water with your child/children. Drop-in with limited spaces available.				

Events for Children/Youth

Native Family Gathering Time	Boys and Girls Clubs of Hamilton-Ontario Early Years Centers	45 Ellis Ave.	10:00am - 11:00am	To register call Janice Kranyak 905-549-2814 x221
You will learn about traditional Aboriginal customs with songs, stories and more. A staff from Niwasa Head Start Preschool will facilitate the session.				
Family Story Time	Hamilton Public Library	Concession Branch 565 Concession St.	10:15am	905-546-3415
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 0-5 years.				
Family Story Time	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	10:30am	905-546-2069
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 - 45 minutes in length. 3-5 years.				

Events for Children/Youth

Stories and Songs with Disney's Princess Belle	Hamilton Public Library	Dundas Branch 18 Ogilvie St. Dundas	10:30am - 11:30am	To register call 905-627-3507
You will learn through songs and stories and the magic of Disney's Princess Belle to love songs, stories and rhymes in a group setting. Maximum Registration: 40				
Spin, Pop, Boom!	Mad Science	Ancaster Fair 630 Trinity Rd. Jerseyville	1:15pm - 2:00pm	Lori Minnie 519-621-0600 x23
You will learn about reactions in action with this fun science show!				

Events for Children/Youth

Saturday, September 24th, 2011				
Event Title	Host	Location	Time	Contact
Kids in the Kitchen	Hamilton Farmers' Market	Community Kitchen 35 York Blvd.	10:00am – 10:30am	Sapphire Singh 905-546-2424 x2096
You will learn to make fun, healthy, fresh and delicious snacks and meals with special guests in the kitchen.				
Family Story Time	Hamilton Public Library	Central Branch 55 York Blvd.	10:30am	905-546-3416
You will learn to share a variety of books, songs and finger plays. This is a weekly program of approximately 30 – 45 minutes in length. 2-5 years.				
Teen Movie	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	2:00pm	905-546-4790
You will learn about teen relationships through the teen movie Prom. (Rated PG). For teens only.				

Events for Children/Youth

Market Talk and Tour: Preserving the Harvest	Hamilton Farmers' Market	Community Kitchen 35 York Blvd.	2:00pm - 2:30pm	Sapphire Singh 905-546-2424 x2096
	You will learn how to choose fresh ingredients at the market for making fall preserves with master food preserver Betsy Aziz.			

All Week – September 18th – 24th, 2011

Hot Pink Mamas are hosting many events during Lifelong Learning Week such as Advertising using Hot Pink Mamas Loot Bags, Do You Need to Make Extra Money for Christmas?, Come and Try New Products with Epicure, How to Use Canadian Made Acrylic Display Products and many more.

For complete program listings and to register for events please contact Kelly Derbyshire at 905-643-9823.

Event Title	Host	Location	Time	Contact
Yoga Classes, Meditation Classes	Shanti Yoga Studio	344 Main St. W (at Locke)	5:30pm - 7:00pm / 7:30pm - 9:00pm	To register call Alex Bovkis 905-777-9642 or email info@shantiyogainhamilton.com
	You will learn about yoga practice, meditation, breathing, mindfulness and relaxation. Maximum Registration: 5			

Events for All Adults

Sunday, September 18th, 2011				
Event Title	Host	Location	Time	Contact
Circuit Bootcamp	YWCA Hamilton	Fitness Centre 75 MacNab St. S	8:30am – 9:15am	To register call 905-522-9922
You will learn athletic moves to tone arms, legs and guts! Use balls, bands and weights to kick it up to the next level!				
Pilates Mat	YWCA Hamilton	Exercise Room 75 MacNab St. S	9:30am - 10:30am	To register call 905-522-9922
You will learn Pilate’s in a mixed level class. Mat work and portable equipment are used. Participants must be able to get down/up from the floor on their own.				
Cooking Green’s Class/ Demo	Fortinos	Fortinos Community Room 75 Centennial Pkwy. N	12:00pm	To register call Lucy Arsenault 905-561-5291 x121
You will learn about the importance of adding dark leafy greens into our diets and watch a live cooking demo by one of the Cooking Greens chef’s!				

Events for All Adults

Yoga for Better Balance	Andrea Soos Yoga Studio	Andrea Soos Yoga Studio 1685 Main St. W Suite 202B	1:00pm - 2:30pm	To register call Andrea Soos 905-523-9310 or e-mail info@andreasoooyoga.com
You will learn how to improve your balance and stability with functional balance training exercises and easy yoga poses you can practice anywhere. Maximum Registration: 20				
Cooking Green's Class/ Demo	Fortinos Ltd	Fortinos Community Room 1059 Plains Rd. E Burlington	4:30pm - 5:30pm	To register call Krissy Rozal 905-634-1591 x128
You will learn about the importance of adding dark leafy greens into our diets. And watch a live cooking demo by one of the Cooking Greens chef's! Maximum Registration: 18				

Events for All Adults

Monday, September 19th, 2011				
Event Title	Host	Location	Time	Contact
Morning Motivation!	YWCA Hamilton	Fitness Centre 75 MacNab St. S	6:45am - 7:30am	To register call 905-522-9922
You will learn an invigorating wake up workout in the Fitness Centre! Cardio plus muscle conditioning included!				
Tutor Workshop	Hamilton Literacy Council	75 MacNab St. S (3rd Floor)	9:00am - 4:00pm	To register call Laurel Horning or Helen McLeod 905-529-9907
You will learn to be sensitive to the needs of adult learners, and to teach adult learners how to read and write. Maximum Registration: 12				
Jump Start Cardio	YWCA Hamilton	Gym 75 MacNab St. S	9:30am - 10:30am	To register call 905-522-9922
You will learn to develop endurance, flexibility, balance and coordination in this fun, progressive cardio workout with moderate moves and upbeat music! Muscle conditioning also included.				

Events for All Adults

Find Out How You Can Advertise Using Hot Pink Mama's Loot Bags	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
		You will learn to find leads and referrals for your business by using Hot Pink Mamas Loot Bags. Maximum Registration: 25		
Find Out How to Use Canadian Made High Quality Acrylic Display Products	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 3:00pm	To register call Mary Alward 905-643-9823
		You will learn how to highlight your products and give elegance to your display for tradeshow, stores, jewelry parties and much more. Maximum Registration: 40		

Events for All Adults

Completely Cardio	YWCA Hamilton	Gym 75 MacNab St. S	12:15pm - 12:45pm	To register call 905-522-9922
You will learn energizing and varied cardio training to challenge your heart and push your fat burning systems! Varied choreography styles including hi/lo aerobic, step, combo step, interval and more!				
FC Circuit	YWCA Hamilton	Fitness Centre 75 MacNab St. S	5:30pm - 6:30pm	To register call 905-522-9922
You will learn to challenge your heart and soul with a great workout! Endurance and interval styles will be used!				
Yoga	YWCA Hamilton	Exercise Room 75 MacNab St. S	6:00pm - 7:00pm	To register call 905-522-9922
You will learn to enhance your circulation, relieve stress, improve flexibility, refresh and re-energize with Pranayama breath! Pre-registration required, limited space available.				

Events for All Adults

Preparing for the Job Interview - Learn how to Wow Them!	Hamilton Public Library	Terryberry Branch 100 Mohawk Rd. W	6:30pm - 8:30pm	To register call 905-546-3921
You will learn how to prepare for a job interview, answer tough questions and how to wrap up the interview with a winning closer.				
Which Cleanse is Right for You?	Fortinos (Main Street) Ltd	1579 Main St. W	6:30pm - 8:30pm	To register call 905-308-9520
You will learn how to properly cleanse and detoxify. Renew Life Canada discusses ways to improve our health in today's toxic world. Maximum Registration: 30				
Brain Injury Support	Fortinos (Mall Road)	Community Room 65 Mall Rd.	6:30pm - 9:30pm	To register call Melissa or Shelley 905-574-8759
You will learn to share and hear from those who suffer with or have family members that suffer with brain injuries. Maximum Registration: 25				

Events for All Adults

Tuesday, September 20th, 2011				
Event Title	Host	Location	Time	Contact
Zumba class	YWCA Hamilton	75 MacNab St. S	7:00am - 7:45am	Robin Mech 905-522-9922 x138
You will learn how to have fun during your aerobic class! Latin music, great moves, fabulous fun! Maximum Registration: 30				
Beginner Yoga	YWCA Hamilton	Exercise Room 75 MacNab St. S	9:30am - 10:30am	To register call 905-522-9922
You will learn gentle stretches and strengthening techniques to promote flexibility. Pre-registration required, limited space available.				

Events for All Adults

Jared's Place Resources and Women's Centre of Hamilton	Interval House of Hamilton /The Women's Centre of Hamilton	100 Main St. E, Suite 205	10:00am - 2:00pm	Natasha Dobler or June McDonald 905-522-0127
You will learn about our services - Groups, Individual Counselling, Peer Support and Jared's Place (a Legal Advocacy and Resource Centre).				
Come and Try Some New Fall Products With Epicure	Hot Pink Mama's Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn to entertain this fall season with Epicure. Taste test and receive some new recipes. Kids free to play while Mom finds out more about Epicure. Maximum Registration: 25				
Do You Need to Make Extra Cash for Christmas?	Hot Pink Mama's Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn how to start a business for \$175. Maximum Registration: 15				

Events for All Adults

Legal Learning	The Women's Centre of Hamilton	100 Main St. E, Suite 205	10:00am - 12:00pm	905-522-0127
You will learn about various topics regarding Canadian Law.				
Chair Pilates	YWCA Hamilton	75 MacNab St. S	10:45am-11:30am	To register call Robin Mech 905-522-9922 x138
You will learn how to strengthen your core with Pilates based exercises done in a chair. Maximum Registration: 25				
Do You Need to Make Extra Cash for Christmas?	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	12:00pm - 1:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn how to start a business for \$175. Maximum Registration: 15				

Events for All Adults

Come and Try Some New Fall Products With Epicure	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	12:00pm - 1:00pm	To register call Kelly Derbyshire 905-643-9823
<p>You will learn to entertain this fall season with Epicure. Taste test and receive some new recipes. Kids free to play while Mom finds out more about Epicure. Maximum Registration: 25</p>				
Muscle Workout	YWCA Hamilton	75 MacNab St. S	12:15pm - 12:45pm	Robin Mech 905-522-9922 x138
<p>You will learn to experience a muscle workout to challenge your muscles using varied equipment while listening to great music! Maximum Registration: 40</p>				

Events for All Adults

Lunch' n Learn Open Up an Email Account	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	1:00pm - 2:00pm	To register call 905-546-2069
You will learn how to create an email account.				
Effective Cover Letters and Resumes	Hamilton Public Library	Barton Branch 571 Barton St. E	2:00pm - 4:00pm	To register call Sheila 905-546-3450 x1477
You will learn how to write cover letters and resumes.				
EEEEK! A mouse! An Introduction to Basic Computer Skills	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	2:30pm - 4:30pm	To register call 905-546-3249
You will learn how to use a computer mouse and the basics about using a computer. This session is for people who are new to computers. Maximum Registration: 12				

Events for All Adults

Gluten- Free Cooking	Fortinos (Main Street) Ltd	1579 Main St. W	6:30pm – 8:30pm	To register call 905-308-9520
You will learn about gluten-free foods. If you or someone you know suffers from Celiac disease join us to learn more about gluten-free cooking. Maximum Registration: 30				
Conversation Circle	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	6:30pm - 8:30pm	To register call 905-546-2069
You will learn to practice your English conversation skills. Be a part of our friendly Conversation Circle. Maximum Registration: 15				

Events for All Adults

Wednesday, September 21st, 2011				
Event Title	Host	Location	Time	Contact
Morning Motivation!	YWCA Hamilton	Fitness Centre 75 MacNab St. S	6:45am - 7:30am	To register call 905-522-9922
You will learn an invigorating wake up workout in the Fitness Centre! Cardio plus muscle conditioning included!				
Online WHMIS Training	Employment Hamilton	77 Victoria Ave. S	9:00am - 11:00am	To register call Laura Smith 905-521-9039
You will learn about safety on the job and obtain your WHMIS Certificate at Employment Hamilton. Maximum Registration: 10				
Cross Fit Intervals Class	YWCA Hamilton	75 MacNab St. S	9:30am - 10:30am	Robin Mech 905-522-9922 x138
You will learn interval fitness in a class designed to pump up your energy and challenge your muscles! Maximum Registration: 40				

Events for All Adults

Basic Computer Skills	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	10:00am - 12:00pm	To register call 905-546-4790
You will learn an introduction to basic computer skills. This session is for people who are new to computers. Maximum Registration: 12				
Eek! A Mouse!	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	10:00am - 12:00pm	To register call 905-546-2069
You will learn basic computer skills in a small classroom environment. Registration begins September 14th in person or by phone. Maximum Registration: 10				
Find Out How You Can Advertise Using Hot Pink Mama's Loot Bags	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn to find leads and referrals for your business by using Hot Pink Mamas Loot Bags. Maximum Registration: 25				

Events for All Adults

Find Out How to Use Canadian Made High Quality Acrylic Display Products	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 3:00pm	To register call Mary Alward 905-643-9823
You will learn how to highlight your products and give elegance to your display for tradeshow, stores, jewelry parties and much more. Maximum Registration: 40				
Kickboxing Bootcamp	YWCA Hamilton	Gym 75 MacNab St. S	12:15pm - 12:45pm	To register call 905-522-9922
You will learn how to kickbox.				
What's Your Blood Type?	Canadian Blood Services	35 Stone Church Rd. Ancaster	5:00pm - 8:00pm	To register call Denise Saulnier 905-645-6336
You will learn what your blood type is, fun "info" on what that says about you, and how you can save lives with CBS! (must be 17 yrs) Maximum Registration: 60				

Events for All Adults

What's Your Blood Type?	Canadian Blood Services	Canadian Blood Services Burlington Donor Clinic 1250 Brant St. Burlington	5:00pm – 8:00pm	To register call Joel Bradley 905-336-2512
You will learn what your blood type is, fun "info" on what that says about you, and how you can work with CBS to save lives! (must be 17 yrs) Maximum Registration: 60				
Preparing for the Job Interview	Hamilton Public Library	Barton Branch 571 Barton St. E	6:00pm - 7:30pm	To register call Sheila 905-546-3450 x1477
You will learn how to prepare for job interviews.				
Do You Have a Friend or Loved One in an Abusive Relationship?	Mission Services of Hamilton – Women’s Services	Mission Services of Hamilton	6:00pm – 8:00pm	To register and get workshop location call Joanne 905-529-8149
You will learn how to support someone living in violence or someone considering leaving an abusive relationship. For women only. Maximum Registration: 15				

Events for All Adults

The Art of Applying for Jobs Online	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	6:30pm - 8:30pm	To register call Karen 905-546-3249 x7858
You will learn how to effectively search for jobs online, register at job sites and apply for vacancies using email. Maximum Registration: 6				
Wanna Bet?	YMCA Youth Gambling Awareness Program	YMCA Downtown Hamilton Paddy Cline Room 79 James St. S	6:30pm - 8:00pm	To register call Candace Morley 905-317-4947
You will learn about youth gambling and gaming. Betting starts as young as age 6 with trading cards, bets/dares, poker and video games. Maximum Registration: 30				
The Art of Applying for Jobs Online	Hamilton Public Library	Sherwood Branch 467 Upper Ottawa St.	6:30pm - 8:30pm	To register call Karen 905-546-3249 x7858
You will learn how to effectively search for jobs online, register at job sites and apply for vacancies using email. Maximum Registration: 6				

Events for All Adults

Loblaws Diabetes Learning Series	Canadian Diabetes Association	Fortinos Mall Road 65 Mall Rd.	7:00pm - 9:00pm	To register call the pharmacy 905-540-2511
You will learn about diabetes, label reading and take a brief tour of the store.				
Diabetes: 1st Steps	Fortinos (Mall Road)	Community Room 65 Mall Rd.	7:00pm - 8:00pm	To register call Lucy Florio 905-574-8759
You will learn the first steps to take when diagnosed with diabetes.				
Knowledge is Power: Ovarian Cancer	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	7:30pm	To register call 905-546-2069
You will learn that knowledge is power in the battle against ovarian cancer. Registration begins September 14th in person or by phone. Maximum Registration: 80				

Events for All Adults

Thursday, September 22nd, 2011				
Event Title	Host	Location	Time	Contact
Morning Motivation!	YWCA Hamilton	Fitness Centre 75 MacNab St. S	6:45am - 7:30am	To register call 905-522-9922
You will learn an invigorating wake up workout in the Fitness Centre! Cardio plus muscle conditioning included!				
Jump Start Cardio	YWCA Hamilton	Gym 75 MacNab St. S	9:30am - 10:30am	To register call 905-522-9922
You will learn to develop endurance, flexibility, balance, and coordination in this fun, progressive cardio workout with moderate moves and upbeat music! Muscle conditioning also included.				
Women's Hand Drumming Workshop	Niwasa Aboriginal Education Programs	Niwasa Head Start Preschool 1869 Main St. E	9:30am - 11:30am	To register call Rebecca 905-549-4884 x224
You will learn Traditional Aboriginal Hand Drum songs and stories. Maximum Registration: 15				

Events for All Adults

Poverty Elimination and the Provincial Election	25 in 5 Hamilton Network for Poverty Reduction	Christ's Church Anglican Cathedral Myler Hall 252 James St. N	9:30am - 12:00pm	To register call Deirdre Pike 905-522-1148 x302
You will learn about poverty elimination efforts from Michael Skaljin, Executive Director, Interfaith Social Assistance Reform Coalition (parking off Hughson between Robert and Barton). Maximum Registration: 70				
Come and Try Some New Fall Products With Epicure	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn to entertain this fall season with Epicure. Taste test and receive some new recipes. Kids free to play while Mom finds out more about Epicure. Maximum Registration: 25				
Do You Need to Make Extra Cash for Christmas?	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn how to start a business for \$175. Maximum Registration: 15				

Events for All Adults

Come and Try Some New Fall Products With Epicure	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	12:00pm - 1:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn to entertain this fall season with Epicure. Taste test and receive some new recipes. Kids free to play while Mom finds out more about Epicure. Maximum Registration: 25				
Do You Need to Make Extra Cash for Christmas?	Hot Pink Mamas Epicure Team	Chatter's Indoor Playground 240 Nebo Rd.	12:00pm - 1:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn how to start a business for \$175. Maximum Registration: 15				
Power Pilates	YWCA Hamilton	75 MacNab St. S	12:15pm - 12:45pm	Robin Mech 905-522-9922 x138
You will learn Pilates exercises to challenge your core and build your spinal strength! Maximum Registration: 30				

Events for All Adults

Have You Considered Re-Training?	PATH Employment Services	31 King St. E Suite 100	1:00pm - 3:00pm	To register call 905-528-6611
You will learn about the re-training options that are available in our community.				
Zumba Class	YWCA Hamilton	75 MacNab St. S	5:30pm - 6:30pm	Robin Mech 905-522-9922 x138
You will learn great aerobic moves, listen to fabulous music and have a terrific Latin inspired workout while having fun! Maximum Registration: 30				
Cooking Green's	Fortinos (Main St) Ltd	Fortinos 1579 Main St. W	6:30pm - 8:30pm	To register call 905-308-9520
You will learn about cooking dark leafy greens. High in vitamins, minerals and fibre they are good for your heart, eyes, liver and soul. Maximum Registration: 30				

Events for All Adults

Eeek! A Mouse!	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	6:30pm - 8:30pm	To register call 905-546-2069
<p>You will learn basic computer skills in a small classroom environment. Registration begins September 15th in person or by phone. Maximum Registration: 10</p>				
Conversation Circle	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	6:30pm - 8:00pm	To register call 905-546-2069
<p>You will learn to practice your English conversation skills. Be a part of our friendly Conversation Circle. Maximum Registration: 15</p>				
Yoga	YWCA Hamilton	Exercise Room 75 MacNab St. S	6:30pm - 7:30pm	To register call 905-522-9922
<p>You will learn to enhance your circulation, relieve stress, improve flexibility, refresh and re-energize with Pranayama breath! Pre-registration required, limited space available.</p>				

Events for All Adults

Friday, September 23rd, 2011				
Event Title	Host	Location	Time	Contact
Muscle Workout	YWCA Hamilton	75 MacNab St. S	9:30am - 10:15am	Robin Mech 905-522-9922 x138
You will learn muscle conditioning through a class using varied equipment designed to motivate your muscles! Maximum Registration: 40				
Find Out How You Can Advertise using Hot Pink Mama's Loot Bags	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 12:00pm	To register call Kelly Derbyshire 905-643-9823
You will learn to find leads and referrals for your business by using Hot Pink Mamas Loot Bags. Maximum Registration: 25				
Find Out How to Use Canadian Made High Quality Acrylic Display Products	Hot Pink Mamas Networking Group	Chatter's Indoor Playground 240 Nebo Rd.	10:00am - 3:00pm	To register call Mary Alward 905-643-9823
You will learn how to highlight your products and give elegance to your display for tradeshow, stores, jewelry parties and much more. Maximum Registration: 40				

Events for All Adults

Lunch' n Learn Top Interviewing Tips	Hamilton Public Library	Red Hill Branch 695 Queenston Rd.	1:00pm - 2:00pm	To register call 905-546-2069
You will learn how to prepare for an interview.				
Yoga	YWCA Hamilton	Exercise Room 75 MacNab St. S	1:00pm - 1:40pm	To register call 905-522-9922
You will learn to enhance your circulation, relieve stress, improve flexibility, refresh and re-energize with Pranayama breath! Pre-registration required, limited space available.				
FC Circuit	YWCA Hamilton	Exercise Room 75 MacNab St. S	4:30pm - 5:30pm	To register call 905-522-9922
You will learn to challenge your heart and soul with a great workout! Endurance and interval styles will be used!				

Events for All Adults

Healthy Cooking with El Peto	Fortinos (Mall Road)	Community Room 65 Mall Rd.	6:30pm - 8:30pm	To register call Melissa or Shelley 905-574-8759
	You will learn healthy cooking with Jesse from the El Peto Company. (Tour of Health Food Department included). Maximum Registration: 30			

Events for All Adults

Saturday, September 24th, 2011				
Event Title	Host	Location	Time	Contact
Zumba Class	YWCA Hamilton	75 MacNab St. S	8:30am - 9:30am	Robin Mech 905-522-9922 x138
	You will learn great aerobic moves, listen to fabulous music and have a terrific Latin inspired workout while having fun! Maximum Registration: 30			
Conversation Circle	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	4:30pm - 6:00pm	905-546-4790
	You will learn to practice your English speaking skills.			

Events for Seniors Only

All Week - September 18th-24th, 2011				
Event Title	Host	Location	Time	Contact

Events for Seniors Only

Sunday, September 18th, 2011				
Event Title	Host	Location	Time	Contact

Events for Seniors Only

Monday, September 19th, 2011				
Event Title	Host	Location	Time	Contact
Chair Aerobics	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	10:00am - 11:00am	Beryl Holtam 905-537-0195
	You will learn that you can still exercise as a senior. Join our small but committed group.			

Events for Seniors Only

Bingo	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	1:00pm - 3:00pm	Beryl Holtam 905-537-0195
	You will learn why so many people enjoy this game. Come out for fun and lots of laughs.			

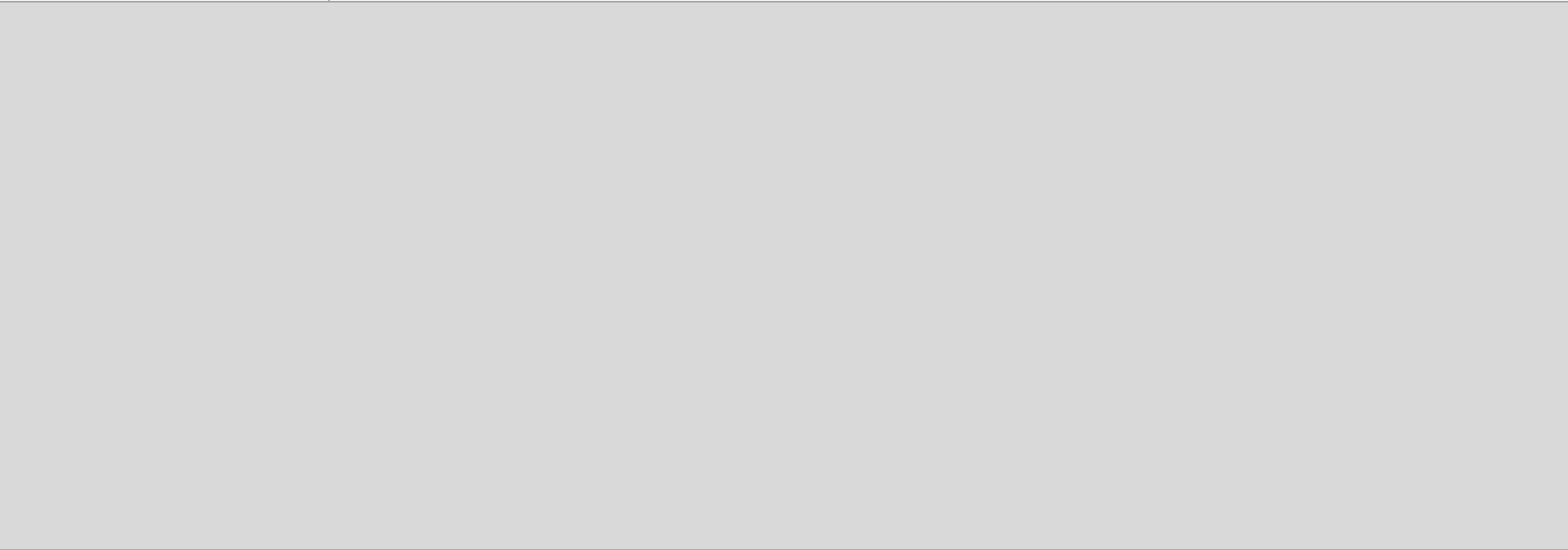
Events for Seniors Only

Tuesday, September 20th, 2011				
Event Title	Host	Location	Time	Contact
Tai Chi	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	10:00am - 11:00am	Beryl Holtam 905-537-0195
You will learn the art of Tai Chi as instructed by Gerry Dawson. Join a collegial group of seniors and improve your overall well being.				
Labyrinth	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	11:00am - 1:00pm	Beryl Holtam 905-537-0195
Learn the benefits of walking a 40x40' circular pathway (indoor) that invites relaxation, mindfulness and reconnecting.				

Events for Seniors Only

Wednesday, September 21st, 2011

Event Title	Host	Location	Time	Contact



Events for Seniors Only

Thursday, September 22nd, 2011				
Event Title	Host	Location	Time	Contact
Crafters	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	10:00am - 12:00pm	Beryl Holtam 905-537-0195
You will learn about making a No-Sew Fleece Blanket as well as Make and Take Granny Squares and Folk Art picture frames.				

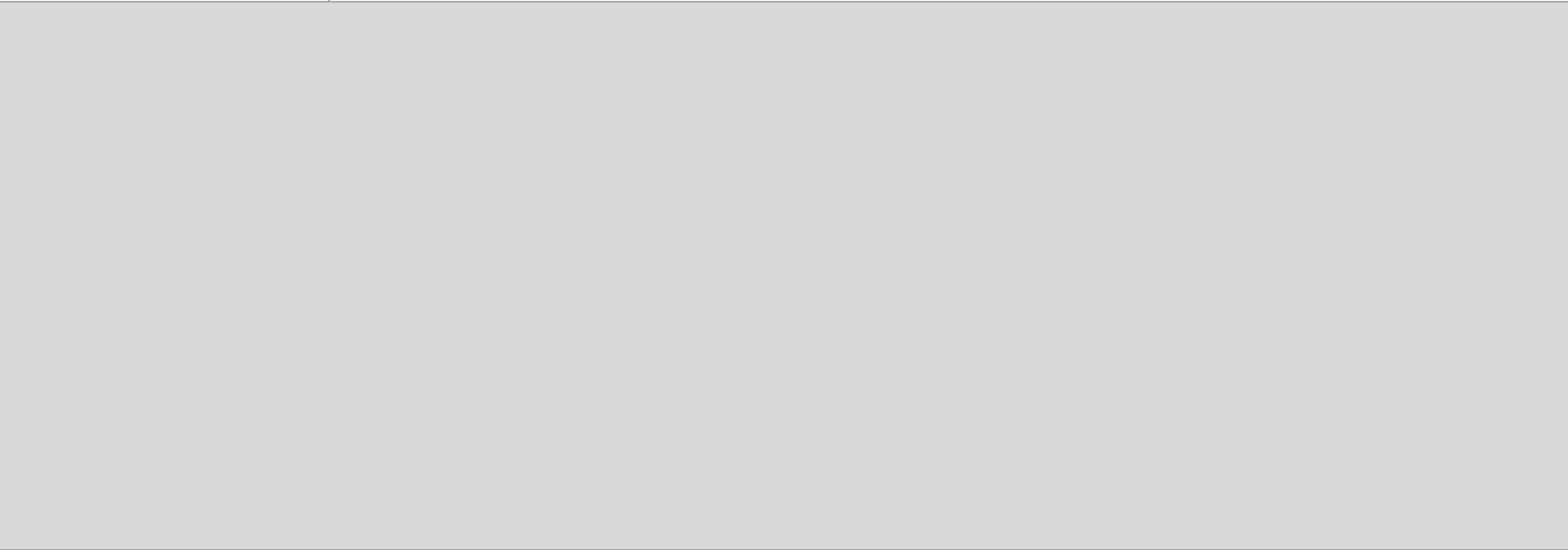
Events for Seniors Only

Euchre	Roxborough Seniors Centre	McQuesten Community Centre 785 Britannia Ave. (Old St. Helen's School)	1:00pm - 3:00pm	Beryl Holtam 905-537-0195
	You will learn this popular card game with a friendly group of seniors. It keeps your thinking skills active!			

Events for Seniors Only

Friday, September 23rd, 2011

Event Title	Host	Location	Time	Contact



Events for Seniors Only

Saturday, September 24 th , 2011				
Event Title	Host	Location	Time	Contact

Events for Family/All Ages

All Week - September 18th - 24th, 2011				
Event Title	Host	Location	Time	Contact
Oral Hygiene	CARE Dental Hygiene	33 King St. W Dundas	Monday - Friday 9:00am - 5:00pm	To register call Sara Stumpo 905-627-7500
You will learn about Oral Hygiene and Oral Cancer screening participation. Registration required.				
Book a Librarian	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	Monday - Thursday call to book time	To register call 905-546-4790
You will learn more about Internet searching, email, the library's catalogue and electronic resources during a one-on-one session.				

Sunday, September 18th, 2011

Telling Tales Festival

Over 25 of Canada’s best children’s writers, illustrators, storytellers and musicians will appear on eight performance stages at Westfield Heritage Village. This fun family event also helps raise funds for local literacy programs. Admission is free, and the festival runs rain or shine. Free parking and shuttle available at Rockton Fairgrounds.

Join us at the third annual Telling Tales Festival from 10:00am – 4:00pm at Westfield Heritage Village, Rockton.

For more information check out the Telling Tales website at www.tellingtales.org or e-mail info@tellingtales.org

Event Title	Host	Location	Time	Contact
Lifelong Learning Week Kick-Off Event – Kim Brooks Memorial Award	Adult Basic Education Association	Telling Tales Festival Westfield Heritage Village, Rockton Bandstand	3:00pm – 3:30pm	Sarah-Louise 905-527-2222
	You will learn about the Kim Brooks Memorial Award and join ABEA as we celebrate an agency that has a long and outstanding commitment to lifelong learning.			

Events for Family/All Ages

Tour of the Aviary	Friends of the Aviary	85 Oak Knoll Dr.	1:00pm - 4:00pm	905-547-3880
	You will learn about many birds including finches, cockatoos and macaws. Come and visit us at the aviary, one of Hamilton's best kept secrets.			

Events for Family/All Ages

Monday, September 19th, 2011

Event Title	Host	Location	Time	Contact
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Prince of Wales School Parenting and Family Literacy Centre 77 Melrose Ave. N	9:00am - 12:00pm	Nadia Ciaglia 905-537-4027
	You will learn how children learn through play. Families will be welcome to join in the activities available.			
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Westwood School - Parenting and Family Literacy Centre 9 Lynbrook Dr.	9:00am - 12:00pm	Breann 905-537-1056
	You will learn how children learn through play. Families will be welcome to join in the activities available.			

Events for Family/All Ages

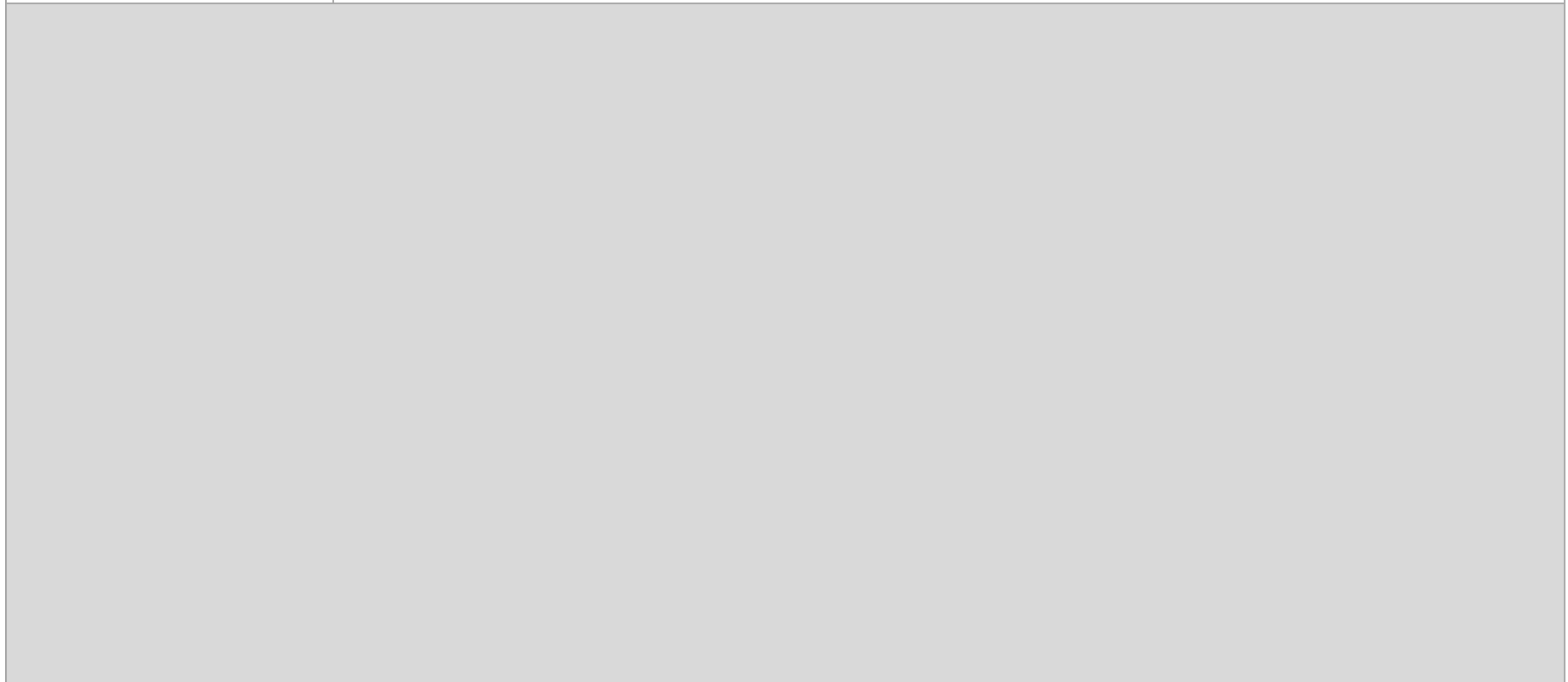
Ebook Demonstration Evening	Hamilton Public Library	Turner Park Branch 352 Rymal Rd. E	6:00pm - 8:30pm	905-546-4790
	You will learn how to download Ebooks from the library to your portable device.			

Events for Family/All Ages

Tuesday, September 20th, 2011				
Event Title	Host	Location	Time	Contact
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Bennetto School Parenting and Family Literacy Centre 47 Simcoe St. E	9:00am - 12:00pm	Cindy Cole 905-512-3168
You will learn how children learn through play. Families will be welcome to join in the activities available.				
Guided Tour of The Long 18th Century	McMaster Museum of Art	Corner of Sterling St. and University Ave. McMaster University 1280 Main St. W	12:30pm - 1:20pm	To register call Nicole Knibb 905-525-9140 x23241
You will learn about 18th century art and its ongoing influence with a free tour of exhibitions of historical and contemporary art. Maximum Registration: 30				

Events for Family/All Ages

Jigs, Reels and Strathspeys to Dance the Night Away	Royal Scottish Country Dance Society	MacNab Presbyterian Church 116 MacNab St. S	7:30pm - 9:30pm	David Milmine 905-545-3014
	You will learn basic Scottish Country Dance steps. Learn what a Jig/ Reel and Strathspeys are and health benefits to dancing!			



Events for Family/All Ages

Wednesday, September 21st, 2011				
Event Title	Host	Location	Time	Contact
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Queen Victoria School Parenting and Family Literacy Centre 166 Forest Ave.	9:00am - 12:00pm	Christine Trimmins 905-512-4462
You will learn how children learn through play. Families will be welcome to join in the activities available.				
Family Swim	Boys and Girls Clubs of Hamilton - Ontario Early Years Centres	45 Ellis Ave.	10:00am - 11:00am	Janice Kranyak 905-549-2814 x221
You will learn to enjoy some time in the water with your child/children. Drop-in with limited spaces available.				

Events for Family/All Ages

Guided Tour of The Long 18th Century	McMaster Museum of Art	Corner of Sterling St. and University Ave. McMaster University 1280 Main St. W	12:30pm - 1:20pm	To register call Nicole Knibb 905-525-9140 x23241
You will learn about 18th century art and its ongoing influence with a free tour of exhibitions of historical and contemporary art. Maximum Registration: 30				
Tour of the Aviary	Friends of the Aviary	85 Oak Knoll Dr.	1:00pm - 4:00pm	905-547-3880
You will learn about many birds including finches, cockatoos and macaws. Come and visit us at the aviary, one of Hamilton's best kept secrets.				

Events for Family/All Ages

Hamilton Firsts	Hamilton Public Library	Barton Branch 571 Barton St. E	6:30pm	To register call Dale Kent 905-546-3450 x3450
	You will learn information about Hamilton from local historian and Hamilton Public Library Archivist Margaret Houghton. Maximum Registration: 50			

Events for Family/All Ages

Thursday, September 22nd, 2011				
Event Title	Host	Location	Time	Contact
Bike to Work Day	Smart Commute Hamilton	Rides start from various locations and converge at Gore Park	6:30am - 8:00am	Paul Barrett air@greenventure.ca
You will learn how to safely bike to work, and of the tools and resources available for safely planning your bike routes. Please email coordinator@greenventure.ca for route details.				
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Lake Ave School - Parenting and Family Literacy Centre 157 Lake Ave. N	9:00am - 12:00pm	Jane Forbeck 905-512-3998
You will learn how children learn through play. Families will be welcome to join in the activities available.				
Transportation and Healthy Living Fair	Smart Commute Hamilton	Gore Park (James St. and King St.)	11:30am - 1:30pm	Paul Barrett air@greenventure.ca
You will learn how Hamilton commuters are getting healthy, saving money and having fun (free prizes to be won!).				

Events for Family/All Ages

Guided Tour of The Long 18th Century	McMaster Museum of Art	Corner of Sterling St. and University Ave. McMaster University 1280 Main St. W	12:30pm - 1:20pm	To register call Nicole Knibb 905-525-9140 x23241
You will learn about 18th century art and its ongoing influence with a free tour of exhibitions of historical and contemporary art. Maximum Registration: 30				
Cooking Green's Seminar	Fortinos (Mall Road)	Community Room 65 Mall Rd.	6:30pm - 8:30pm	To register call Melissa or Shelley 905-574-8759
You will learn about the 'Cooking Green's' products and how to best cook with them. Maximum Registration: 30				

Events for Family/All Ages

Friday, September 23rd, 2011				
Event Title	Host	Location	Time	Contact
Learning Through Play - Birth to Six	Parenting and Family Literacy Centre - Hamilton-Wentworth District School Board	Memorial School - Parenting and Family Literacy Centre 1175 Main St. E	9:00am - 12:00pm	905-512-4925
You will learn how children learn through play. Families will be welcome to join in the activities available.				
Guided Tour of The Long 18th Century	McMaster Museum of Art	Corner of Sterling St. and University Ave. McMaster University 1280 Main St. W	12:30pm - 1:20pm	To register call Nicole Knibb 905-525-9140 x23241
You will learn about 18th century art and its ongoing influence with a free tour of exhibitions of historical and contemporary art. Maximum Registration: 30				

Events for Family/All Ages

Saturday, September 24th, 2011				
Event Title	Host	Location	Time	Contact
Apple Festival	Battlefield House Museum and Park	Battlefield Park 77 King St. W	9:00am - 4:30pm	Susan Ramsay 905-662-8458
You will learn how Ontario's first settlers cultivated and used apples, while enjoying goodies prepared in a tin kitchen.				
Grape Stomp	Fortinos (Mall Road)	Outside Fortinos 65 Mall Rd.	10:00am - 12:00pm	Melissa and Shelley 905-574-8759
You will learn how to have a good old fashioned grape stomp!				

Events for Family/All Ages

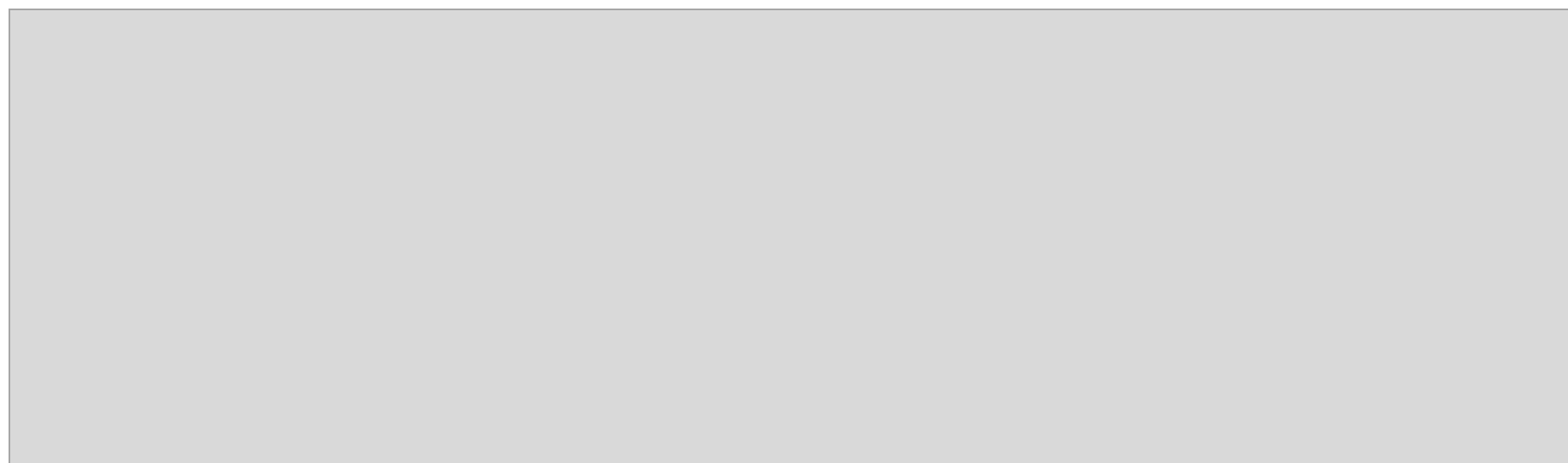
"Stories In The Stones" Hamilton Cemetery Tour Event	Historical Perceptions	Hamilton Cemetery 777 York Blvd.	11:00am	Robin McKee 905-544-9559
You will learn through an informative historical walking tour of the Hamilton Cemetery with the theme of "Hamilton Firsts".				
Market Fresh Cooking Demonstration	Hamilton Farmers' Market	Community Kitchen 35 York Blvd.	11:00am - 11:30am	Sapphire Singh 905-546-2424 x2096
You will learn how to turn fresh ingredients into quick, nutritious and affordable meals with guest chefs and food experts.				
Tour of the Aviary	Friends of the Aviary	85 Oak Knoll Dr.	1:00pm - 4:00pm	905-547-3880
You will learn about many birds including finches, cockatoos and macaws. Come and visit us at the aviary, one of Hamilton's best kept secrets.				

Closed Events

Closed Events		
Event Title	Host	Description
Staff Event	Brain Injury Services of Hamilton	You will learn about the Brain Injury Services of Hamilton. The Brain injury Services event is open to BISH staff only.
New Employee Orientation (2 events)	Hamilton Health Sciences	You will learn employee expectations, the mission, vision, values, key policies and legislated information. This is a welcome day to promote awareness of employee expectations.
Health Professional Orientation	Hamilton Health Sciences	You will learn about partnerships between disciplines, sites and programs and facilitate meeting requirements for your practice. This is a day for new health care professionals.
Computer Orientation (2 events, 2 locations)	Hamilton Health Sciences	You will learn in a hands-on class exploring the Hamilton Health Sciences network, desktop, security, confidentiality, email, Meditech, Sovera, IWT and Intranet pages in a hands-on class.
eCare Documentation	Hamilton Health Sciences	You will learn about electronic documentation. This class builds upon the Computer Orientation class and includes Status Board and Visual Flow sheet; and how to use them to document.

Closed Events

Nursing Orientation (2 events)	Hamilton Health Sciences	You will learn a standard of basic skills and content for new nursing staff, including relevant polices and technology. First day of a 3 day session.
Leading and Learning: A Community-Capacity Building Workshop	Immigrant Women's Centre	You will learn about adult education services in Hamilton, including how to upgrade your skills and/or retrain!
English as a Second Language Lesson	St. Charles Adult Education Centres	You will learn how to work with a multi level, high level class.



Niagara Region

Niagara Region				
Event Title	Host	Location	Date/Time	Contact
What's Your Blood Type?	Canadian Blood Services	Canadian Blood Services - Henley Plaza 395-397 Ontario St. St. Catharines	Wednesday, Sept. 21 st 5:00pm - 8:00pm	To register call Tammy Maroudas 905-646-1420
	You will learn what your blood type is, fun "info" on what that says about you, and how you can save lives with CBS! (must be 17 yrs) Maximum Registration: 40			